- **<u>Archery</u> -** Archery is a sport involving shooting arrow with a bow. The participant is called an archer.

- **<u>Boxing</u>** – Boxing is a sport involving persons throwing punches at each other in a boxing ring. They wear protective gloves. The persons are called boxers.

- **<u>Badminton</u>** – Badminton is a sport in which two players use racquets to hit a shuttle cock across a net. The participants are called badminton players.

- **<u>Cycling</u>** – Cycling is a competitive physical activity using bicycles. The participants are called cyclists.

- **<u>Football</u>** – Football is a sport played between two teams with a spherical ball. Each team consists of 11 players. In this sport players have to strike a goal. The players are called footballers.

- **Hockey –** Hockey is a sport played between two teams. The players use a curved stick to hit a hard ball. The players are called hockey players.
- **Running –** Running is a sport where participants have to cover a long distance on continuous high speed. The participants are called runners.
- **Shooting –** Shooting is a sport using various types of guns like rifle and pistol. The participants are called shooters.
- **Swimming-** Swimming is a sport where a swimmer moves through water. The sport takes place in pools or open water.
- **Tennis –** Tennis is a sport played between two players using tennis racket to strike a hollow rubber ball in the opponent's court.
- **Weightlifting –** Weightlifting is a sport where the athlete attempts to lift a maximum weight. The participant is called a weightlifter.
- **Wrestling –** Wrestling is a sport in which two opponents struggle hand to hand to pin down or press each other's shoulder to the ground. The participants are called wrestlers.

Note:

- Drop your **queries** regarding the chapter in comment box, if any.
- Mention your NAME, CLASS, SECTION, ROLL NO.
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